

Mickleover Primary School

		Meaty Main	Veggie Express	Carbs	Market Vegetables	Deli Special	Sandwiches	Yummy Puddings
W1 5th June 26th June 17th July 18th September 9th October	Mon	Big Breakfast★	Veggie Big Breakfast★	Hash Browns or Potato Waffle	Baked Beans or Spaghetti Hoops	Jacket Potato with Cheese and Beans	Ham or Cheese Sandwich***	Chocolate Milkshake and Cookie
	Tue	Tuna Pasta Bake	Pasta with Tomato Sauce with or without Cheese and/or Bacon	Garlic Bread**&***	Broccoli and Carrots	Egg Mayo Baguette***	Ham or Cheese Sandwich***	Vanilla Greek Yoghurt with Roasted Peaches
	Wed	Chicken PieH	Vegan Quorn Pie	Mashed Potatoes	Mixed Vegetables	Pasta with Tomato Sauce and/or Cheese★	Ham or Cheese Sandwich***	Flapjack
	Thu	Pork Sausages	Vegan Sausages	Potato Wedges	Baked Beans or Peas	French Stick Pizza***	Ham or Cheese Sandwich***	Carrot Cake
	Fri	Fish Burger	Vegan Sausage Roll★	Chips	Baked Beans or Mushy Peas	Sausage Roll★	Ham or Cheese Sandwich***	Ice Cream Roll
W2 12th June 3rd July 4th September 25th September 16th October	Mon	Chicken Bites with Chow Mein or Sweet and Sour SauceH	Vegan Bites with Chow Mein or Sweet and Sour Sauce	Rice	Broccoli and Sweetcorn	Jacket Potato with Tuna Mayo or Cheese and Beans	Ham or Cheese Sandwich***	Chocolate Crunch and Custard★
	Tue	Cheese and Tomato Pizza***	Spaghetti with Tomato Sauce	Potato Wedges	Peas and Sweetcorn	Cheese and Tomato Toasty***	Ham or Cheese Sandwich***	Fresh Fruit Salad or Cheese and Crackers
	Wed	Roast Chicken with Gravy	Roast Vegan Fillet with Gravy	Roast Potatoes and Yorkshire Pudding	Broccoli and Carrots	Veggie Pasta Bake	Ham or Cheese Sandwich***	Honey Cake★
	Thu	Beef Lasagne	Quorn Lasagne	Garlic Bread**&***	Mixed Vegetables	Jacket Potato with Cheese and Beans	Ham or Cheese Sandwich***	Chocolate Beet Brownie
	Fri	Battered Fish with Tartare or Curry Sauce★	Cheese Toasty***★	Chips	Baked Beans or Peas	Ham and Cheese Toasty***★	Ham or Cheese Sandwich***	Jammy Doughnuts
W3 19th June 10th July 11th September 2nd October 23rd October	Mon	Pork Meatballs with or without Tomato Sauce and/or Cheese★H	Quorn Meatballs with or without Tomato Sauce and/or Cheese★	Pasta and Garlic Bread**&***	Peas and Carrots	Tuna and Sweetcorn Quesadilla	Ham or Cheese Sandwich***	Raspberry Slice
	Tue	Chicken BiriyaniH	Samosas with Curry Sauce	Naan Bread**	Peas and Sweetcorn	Meatball Sub***	Ham or Cheese Sandwich***	Lemon Drizzle
	Wed	Braised Beef with Gravy	Vegan Braised Fillet	Roast Potatoes and Yorkshire Pudding	Broccoli and Cauliflower	Cheese Omlette	Ham or Cheese Sandwich***	Cornflake Tart with Custard
	Thu	Macaroni Cheese	Pasta with Tomato Sauce with or without Cheese★	Garlic Bread**&***	Carrots and Sweetcorn	Jacket Potato with Spaghetti Hoops and Cheese	Ham or Cheese Sandwich***	Greek Yoghurt with Strawberry and Meringue
	Fri	Fishfingers with Tartare or Curry Sauce	Cheese Panini***★	Chips	Baked Beans or Peas	Ham and Cheese Panini***★	Ham or Cheese Sandwich***	Jelly, vegetarian option available

Did you know, here at Mickleover we have **Home Baked Breads, Salad Bar, Fresh Fruit** and chilled drinks are also available daily.

We're committed to using a minimum of 5% **organic produce!**

Oh and all of the tasty fish has been caught sustainably and approved by the MSC.

Menu may be subject to change without prior notice

Fresh fruit and vegetables are subject to seasonal variation

Don't forget about our **Themed Menu**

